

Natural Harmony Foods.... Update. August 15, 2008

Retail Progress: **Target.** The three breakfast products were set in 217 Super Target Stores in late May. If you find a Super Target without the products please send an e-mail to admin@naturalharmonyfoods.com. It seems the Southwest Pouch is a little slow. We'll grant a modest price reduction to get the retail to the \$3.50 area for all three and we'll replace the Southwest with a new item, either a Breakfast Muffin with Turkey Bacon or an Italian Frittata. With these changes we're assured we're in place at least until mid '09. We encourage all shareholders to go to Super Targets in your area, buy the products and help spread the word to friends and family.

Kehe. We're presenting our exciting plans to the Kehe National Buyer August 22. Kehe is one of the three largest natural foods distributors in the country serving over 12,000 stores. Desi will go from there to the Tree Show in Indianapolis Aug. 23-24.

Central Market. Our breakfast products were approved by Central Market. These are huge, beautiful stores owned by HEB in Texas - their answer to Whole Foods. We also expect the line to be in front of the buyer for the regular HEB stores this month.

Upcoming Shows. We do plan to exhibit at the American Dietitian Show and Expo East as well as the two regional Tree of Life shows. We will be exhibiting at the SoHo show as well which is a regional natural food show.

Tree of Life Midwest - August 22-24 - Indianapolis
Natural Products Expo East - October 15-18 - Boston
Amer. Dietitians Show - October 26-28 - Chicago
Tree of Life Northeast - November - NJ
SoHo Show - December - Orlando

Stock Sales. In the June update we outlined our plans to sell discounted blocks of restricted shares directly to accredited investors. This was to raise \$200-300,000 to properly execute our growth plans and become a fully reporting company without selling free trading shares to those dealers who are only interested in the short term. Again, the goal is to issue no more shares beyond the present 240 million authorized.

A second shareholder who already owned over 10 million free trading shares has bought 10 million more restricted shares through our Direct to Accredited Sales Opportunity. This makes our friend from Mississippi the Company's second largest shareholder. We still need to raise another \$75,000-85,000 over the next 45 days. Anyone interested may contact me at sdewar@naturalharmonyfoods.com.

Annual Shareholders Meeting. We have received notice of but three shareholders registering to attend the August 18 meeting. We need advance notice to make sure we can confirm shares being represented and seating needs. You may register thru www.admin@naturalharmonyfoods.com.

Thank you for your continued support.

Sam Dewar, President