

Press Release

Source: Natural Harmony Foods, Inc.

Natural Harmony Foods to Exhibit in Multiple Venues in '08

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FT. LAUDERDALE, Fla., April 8, 2008 /PRNewswire-FirstCall/ -- Natural Harmony Foods, Inc. (Pink Sheets: [NHYP](#) - [News](#)), announced today that it has secured booth space at multiple upcoming shows.

Show	Place	Time
Tree of Life National Show	Dallas	June 5-7
Healthy Living Expo	Dallas	June 18-19
Kehe National Show	Chicago	July 20-21 (To Be Confirmed)
School Nutrition Show	Philadelphia	July 20-23
Natural Products Expo East	Boston	October 15-18
Amer. Dietitians Show	Chicago	October 26-28

"Why so many shows? Not a day goes by that you don't read about the obesity/diabetes crisis. Grocery retailers, restaurants, schools are all looking for healthy products that taste great," said Natural Harmony CEO, Sam Dewar. "Our products offer a healthy alternative to quick serve restaurant offerings. The fast growing segments are breakfast and snacking. Our three new breakfast items address the breakfast segment. Now we'll address lunch and snacking. We introduced the breakfast items at Expo West. By mid June we plan to present lunch and snacking ... and we're taking a page from all those '100 Calorie Packs.' Would you serve your child two packs of mini Oreos or a 200-calorie 3-ounce hot dog, pizza pocket or 'burger slider,' each with only 3 grams of fat and lots of protein and fiber?"

About Natural Harmony Foods

Natural Harmony Foods, Inc. is an innovative food company dedicated to producing healthy, flavorful, convenient foods that fit the lifestyles of individuals looking to make better, health conscious diet choices without sacrificing taste. For more information about Natural Harmony Foods, SoLean® products, and helpful Internet links, please visit <http://www.naturalharmonyfoods.com>. NHYP Shareholders are encouraged to register on the "Investor Relations" page to receive ongoing Natural Harmony Foods news updates, and/or search "NHYP" on <http://www.pinksheets.com> for current financial information on the company.

"Forward-looking statements" as defined in the Private Securities Litigation Reform Act of 1995 may be included in this release. These statements relate to future events or our future financial performance. These statements are only predictions and may differ materially from actual future results or events. Natural Harmony Foods disclaims any intention or obligation to revise any forward-looking statements whether as a result of new information, future developments or otherwise. Important risk factors -- including, but not limited to, risks associated with changes in general economic and business conditions, actions of our competitors, the extent to which we are able to develop new

products and markets for these, and changes in our business strategies -- could cause actual results to differ from those contained in forward-looking statements.

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