

## **Natural Harmony Offers a Smart and Healthy Way to Enjoy Meat Wednesday April 4, 12:08 pm ET**

FORT LAUDERDALE, FL--(MARKET WIRE)--Apr 4, 2007 -- Natural Harmony Food (Other OTC:NHYF.PK - News) traveled from Florida to Anaheim, California, last month to exhibit its SoLean product line in the world's largest natural, organic and healthy products show.

For four days attendees were given the opportunity to stop by Natural Harmony Food's exhibit to sample the Company's all natural, hormone-free and soy meat products. The SoLean cheeseburgers and breakfast sausage muffins were sampled by more than 500 attendees and were met with positive response. The Company said a national rollout is underway as over 70 retailer and distributor leads were produced from the expo.

"In the two weeks since the show, we've begun shipping the leading natural foods distributor in the country and followed samples request from the country's largest theme park company," said the Company.

Natural Harmony meats contain about half the calories and 75 percent less fat and saturated fat than "drive-thru" versions, without compromising taste. The SoLean line is the first natural, healthy sandwich alternative on the market.

Natural Harmony Foods will be featured in a Market News First interview later this month to discuss the Company's products and progressive strategy for success.

### **About Natural Harmony Foods**

Natural Harmony Foods, Inc. is an innovative food company dedicated to producing healthy, flavorful, convenient foods that fit the lifestyles of individuals looking to make better, health conscious diet choices without sacrificing taste. For more information about Natural Harmony Foods, SoLean products, and helpful Internet links, please visit [www.naturalharmonyfoods.com](http://www.naturalharmonyfoods.com). NHYF Shareholders are encouraged to register on the "Investor Relations" page to receive ongoing Natural Harmony Foods news updates, and/or search "NHYF" on [www.pinksheets.com](http://www.pinksheets.com) for current financial information on the company.