

## **NATURAL HARMONY FOODS EXECUTIVE REINVESTS DEFERRED COMPENSATION BACK INTO THE COMPANY**

Ft. Lauderdale, FL -- Natural Harmony Foods, Inc. (NHYP.PK), announced today that one of its senior executives has decided NOT to take "cash" payments for deferred compensation but rather contribute to the Company's cash flow by accepting "restricted stock" instead.

"As one of the Company's founders, I strongly believe in the Company, its products and its ability to expand into new markets", stated Mr. Sam Dewar, President of Natural Harmony Foods, Inc. "To that end, I am committed to doing whatever needs to be done to support the Company during "tight" cash flow situations. I've also encouraged my adult children to accumulate shares."

Mr. Dewar added. "We are aggressively seeking new financing and feel confident that we will be able to attract newer long-term investors to the Company very soon. We continue to expand our product offerings and to identify new distribution outlets. These are positive steps in the right direction and no one can argue those facts. We just need investors that understand that the Company needs to be adequately capitalized in order to achieve significant revenue goals and that respectable ROIs will take time to nurture."

Under the terms of the compensation arrangement, Mr. Dewar has agreed to accept 6.0 million shares of "restricted" common stock in the Company in exchange for \$30,000.00 of deferred compensation. At \$.005 per share, this is well above the 2/11/08 bid. This will bring Dewar's ownership to 33,879,295 shares.

### **About Natural Harmony Foods**

Natural Harmony Foods, Inc. is an innovative food company dedicated to producing healthy, flavorful, convenient foods that fit the lifestyles of individuals looking to make better, health conscious diet choices without sacrificing taste. For more information about Natural Harmony Foods, SoLean® products, and helpful Internet links, please visit [www.naturalharmonyfoods.com](http://www.naturalharmonyfoods.com). NHYP Shareholders are encouraged to register on the "Investor Relations" page to receive ongoing Natural Harmony Foods news updates, and/or search "NHYP" on [www.pinksheets.com](http://www.pinksheets.com) for current financial information on the company.

"Forward-looking statements" as defined in the Private Securities Litigation Reform Act of 1995 may be included in this release. These statements relate to future events or our future financial performance. These statements are only predictions and may differ materially from actual future results or events. Natural Harmony Foods disclaims any intention or obligation to revise any forward-looking statements whether as a result of new information, future developments or otherwise. Important risk factors -- including, but not limited to, risks associated with changes in general economic and business conditions, actions of our competitors, the extent to which we are able to develop new products and markets for these, and changes in our business strategies -- could cause actual results to differ from those contained in forward-looking statements.

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